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## healthy babies healthy business®

Help your employees have healthy babies while reducing your health care costs.



### It begins with an educated employee

Companies that bring wellness into the workplace find that encouraging healthy attitudes, behaviors and lifestyle choices is beneficial to their employees as well as their bottom line. Healthy and happy employees are more motivated and productive and stay with a company longer.

The March of Dimes lets you take your commitment to the well-being of your employees and their families a step further. We offer a free, educational worksite wellness program that promotes a family-friendly work environment. Healthy Babies Healthy Business is easy to manage, implement and promote, and provides your company with a wealth of information to support your employees before, during and after their pregnancy.

Team up with the March of Dimes and offer your employees a chance to make better health decisions and have healthier babies. A small investment in time could save your company thousands of dollars.

### Healthy Babies Healthy Business - What you get



#### Online

My 9 Months® – customizable, web-based wellness information.

[view demo](#)



#### Print

Receive a free kit of March of Dimes print materials for your kiosk or lending library with every My 9 Months registration.



#### Support

\*E-mail access to Health Education Specialists

\*Communities:

Share Your Story

News Moms Need

Pregnancy & Baby Tips

Bereavement Materials

